

DIGESTIVE DISEASE SPECIALISTS, INC.

David A. Neumann II, MD
Gaillardia Office
4811 Gaillardia Pkwy, Suite 200
Oklahoma City, OK 73142
(405) 751-4199
www.okddsi.net

Name: _____

Date of Procedure: _____

Arrival Time: _____

Procedure Time: _____

Integris Baptist Medical Center

3300 NW Expressway
Oklahoma City, OK 73112

*Check in 1 ½ hours prior to
procedure at Outpatient
Registration*

ENDOSCOPIC RETROGRADECHOLANGIOPANCREATOGRAPHY - ERCP

WHAT IS AN ERCP?

Endoscopic retrogradecholangiopancreatography or ERCP is a procedure where a lighted tube is passed through the upper digestive tract to find the opening of the bile and pancreatic ducts. Once this opening has been located, a small catheter is passed into the opening and dye is injected, and x-rays are taken. ERCP is commonly used to evaluate diseases of the liver, gallbladder and biliary tree, and the pancreas.

Depending on each individual's problems, the procedure may end after the x-rays are taken or further treatment may be required, such as making a small cut in the opening with an electric wire, called a sphincterotomy, or placing a tube in the opening of the duct called a stent.

Complications are not common with this procedure however, they do occur. They include inflammation of the pancreas called pancreatitis, infection, bleeding, and perforation of the intestine or bile duct. Complications may also occur related to the sedation used for the procedure.

IF YOU HAVE ACCESS TO THE INTERNET, PLEASE LOG ON TO www.okddsi.net AND WATCH THE ERCP VIDEO UNDER THE PATIENT EDUCATION TAB PRIOR TO YOUR PROCEDURE

PATIENT MEDICATION INSTRUCTIONS – PLEASE READ SEVEN (7) DAYS PRIOR TO PROCEDURE

1. Some medications (prescription and over-the-counter) can reduce your body's ability to form blood clots and taking these before GI endoscopy procedures may increase your risk of bleeding during and after these tests. For this reason, it is generally recommended to withhold certain drugs if you are scheduled to have one of these procedures performed. These are sometimes referred to as **blood thinners**. The decision about whether to stop any medication is always based on an estimate of the risk of having a significant medical problem during the short time that you are off of them compared to the risk of bleeding complications from the procedure you are to undergo.

- A. For medications used to treat arthritis, such as **nonsteroidal anti-inflammatory drugs** (*See list on page 3*), there is little or no risk to stopping these, but you may have more arthritis pain or swelling. They are usually **stopped for four (4) days prior to any procedure**. It is safe to take acetaminophen (Tylenol) before an endoscopy for arthritis pain or headaches.
 - B. For **aspirin (81 or 325 mg daily)** used to prevent heart problems, this is usually safe to **stop for four (4) days prior to any procedure**. If you have severe heart problems you may need to consult with your heart specialist to determine if it is safe to stop it.
 - C. For **Clopidogrel (Plavix) and other anti-platelet drugs** (*See list on page 3*), it is usually important to speak with your heart doctor, vascular surgery specialist, neurologist or primary physician to determine if these are safe to stop. These are usually **stopped for four (4) days prior to any procedure**.
 - D. For **anti-coagulant drugs** (*See list on page 3*), it is almost always important to consult with the prescribing physician to determine if it is safe to stop them and for how long. For most people who are taking **Coumadin (Warfarin) or Pradaxa** for chronic heart rhythm problems (like atrial fibrillation) it is usually safe to **stop it for four (4) days prior to the procedure**. However they may be special circumstances where the medication is not stopped or other medications are used to prevent clotting after it is stopped. You should get specific advice from your doctor on how to handle this.
2. **Stop taking iron products four (4) days prior to your procedure**
 3. **If you use INSULIN or diabetic medications**, Do not take your Insulin or oral diabetes medication the day of your procedure until afterwards.
 4. All other medications, such as your blood pressure meds, should be taken as usual on the morning of the procedure with a small sip of water.

PRE-REGISTRATION FORMS:

1. **If you are a new patient or if you have not been seen by your physician within one year**, please print the "pre-registration forms" under appointment information at (www.okddsi.net).
 - a. **At least 2 days prior to your procedure**, please fill out the pre-registration forms and either email them to paula.b@okddsi.net or FAX to 405-607-1850. This will expedite your check-in process.
 - b. If you do not have the capability to do this, you may bring the pre-registration paperwork to our office or mail them to the office in advance; otherwise you may bring them to the Endoscopy Facility on the day of your procedure.

WHAT PREPARATION IS NEEDED?

For the best possible examination, the stomach must be empty. **IF YOUR EXAM IS SCHEDULED FOR MORNING:** Do not eat or drink after **MIDNIGHT** the day before your exam. (Take your morning medications with a sip of water.) **IF YOUR EXAM IS SCHEDULED FOR AFTERNOON:** You may have a clear liquid diet for breakfast, nothing after _____ on _____. **If you are a new patient or if you have not been seen by your physician within one year AND have not previously submitted your pre-registration paperwork**, please bring the filled-out forms to the facility. **Also, please bring your photo ID, insurance cards and medication list.**

A DRIVER MUST ACCOMPANY YOU: You will not be able to drive, use a taxi, or a bus after the procedure. Your driver must be on the premises during your procedure or the procedure will be rescheduled.

WHAT SHOULD YOU EXPECT DURING YOUR PROCEDURE?

Your doctor will give you medication through a vein to make you relaxed and sleepy, and your throat may be sprayed with a local anesthetic. While you are in a comfortable position, the endoscope is inserted through the mouth and each part of the esophagus, stomach and duodenum is examined.

The procedure is extremely well-tolerated with little or no discomfort. Most patients even fall asleep during the EGD. The scope will not interfere with your ability to breathe.

WHAT HAPPENS AFTER THE ERCP?

You will be monitored in the recovery area until most of the effects of the medication have worn off (about one hour). You will be able to resume your regular diet after the EGD unless otherwise instructed by your physician.

MEDICATIONS TO AVOID PRIOR TO GI ENDOSCOPY PROCEDURES

1. Nonsteroidal anti-inflammatory medications – NSAIDs (generic name in italics):

Diclofenac (Cataflam, Voltaren, Arthrotec)

Diflunisal (Dolobid)

Etodolac (Lodine)

Fenoprofen (Nalfon)

Flurbiprofen (Ansaid)

Ibuprofen (Motrin, Advil, Motrin IB, Nuprin)

Indomethacin (Indocin)

Ketoprofen (Actron)

Meclofenamate (Meclomen)

Mefenamic Acid (Ponstel)

Meloxicam (Mobic)

Nabumetone (Relafen)

Naproxen (Naprosyn, Naprelan, Anaprox, Aleve)

Oxaprozin (Daypro)

Piroxicam (Feldene)

Salicylates (sodium salicylate, Magan, Mobidin, Mobogesic, Arthritab, Bayer Select, Doan's pills)

Salsalate (Amigesic, Marthritic, Salflex, Slasitab)

Sulindac (Clinoril)

Tolmetin (Tolectin)

2. Anti-platelet drugs:

Aspirin (*present in many medications*)

Cilostazol (*Pletal*)

Clopidogrel (*Plavix*)

Dipyridamole (*Persantine*)

Dipyridamole/Aspirin (*Aggrenox*)

Eptifibatide (*Integrilin*)

Pentoxifylline (*Trental*)

Ticlopidine (*Ticlid*)

Tirofiban (*Aggrastat*)

3. **Anti-coagulants:**

Heparin

Low Molecular Weight Heparins (*Fragmin, Lovenox, Danaparoid*)

Warfarin (*Coumadin*)

APPOINTMENT REMINDER CALLS

In an effort to provide the highest quality of service, we offer automated courtesy calls in the evening to confirm your upcoming appointment. **PLEASE RESPOND TO THE AUTOMATED CALL BY PRESSING THE APPROPRIATE NUMBER TO CONFIRM OR CANCEL YOUR APPOINTMENT.** If you press cancel, please call the office the next day during business hours to reschedule your appointment.

PROCEDURE CANCELLATION POLICY

In the event that a procedure needs to be cancelled, please notify our office as soon as possible. This allows us to provide timely care to our other patients.

Failure to notify our office at least 24 hours prior to your appointment time may result in a charge of \$75.00. **This charge will be the responsibility of the patient and cannot be billed to your insurance company.**

PATIENT SATISFACTION

We are constantly striving to find ways to communicate and deliver the best patient care in the most efficient manner. If you have any comments or suggestions following your procedure, please log onto www.okddsi.net